

## CAYMAN INTERNATIONAL SCHOOL MAY 2022 MENU

- For **Early Childhood and Elementary Students**, parents can pre-order their lunches online and lunch will be served during the child's lunch break. Early Childhood lunches will be delivered to the child's classroom and teachers will monitor them. Elementary students will eat inside the ARC. To pre-order simply choose the items from our extensive menu no later than 10 pm the previous day. You can pre-order for the day, week or the entire month if you wish to.
- **Middle and High School Students** are able to have lunch at the new CIS High School cafeteria. There is no need to pre-order lunch and students can browse our cafeteria and pay with their own virtual wallet. Parents will be notified by email instantly with each purchase.

### ONLINE ORDERING & WALLET TOP-UP

- Go to [yumcayman.ky](http://yumcayman.ky)
- Set up a new account by entering your email, password and contact phone number.
- On the top right menu bar you can set up a profile for each child.
- Once the profile has been set up you can place your orders on the days you'd like.

If you have any questions or concerns, please contact us at [admin@catering.ky](mailto:admin@catering.ky)

### WRAPS

Curried Chicken	\$3.50 or \$6.00
Crispy Chicken	\$3.50 or \$6.00
Chicken Caesar	\$3.50 or \$6.00
Ham & Cheese	\$3.50 or \$6.00

### SANDWICHES

BLT Sandwich	\$7.00
Grilled Chicken Bap	\$7.00
Grilled Cheese Sandwich	\$3.50

### SNACKS & SIDES

Chips & Goldfish	\$1.50
Popcorn (Assorted Variety)	\$1.50

### DRINKS

Just Water	\$2.00
Open Water Still/Sparkling	\$2.00
Tropicana Orange Juice	\$1.50
Juicy juice (Assorted Variety)	\$1.50
La Croix (Assorted Variety)	\$1.50
Envy (Assorted Variety)	\$2.00

**yum**  
Your school lunch

### SALADS

Caesar Salad	\$3.50 or \$7.00
Mexican Fiesta Salad	\$4.00 or \$8.00
Chopped Salad	\$4.00 or \$8.00

### ADD ON

Grilled Chicken Breast	\$3.00
Honey Mustard Dressing	\$1.00

### FRUITS & DESSERTS

Fresh Mixed Fruits	\$3.50
Grapes, Sliced Apple or Orange	\$2.00
Chocolate Chip or Oatmeal Cookie	\$1.00
Chocolate Brownie	\$1.75
Blueberry or Chocolate Muffin	\$1.75

SCHOOL LUNCH JUST  
GOT SMARTER

# MAY 2022 HOT LUNCH MENU

Hot Lunch items are priced between \$5.00 and \$8.00 for EC & EL and between \$7.00 and \$8.50 for MS & HS



## MONDAY 2

Beef Lasagna  
Served with garlic bread  
West Indian Chicken Curry  
Served with white rice and steamed veg.  
Minestrone Soup

## MONDAY 9

Spaghetti Bolognese  
Served with garlic bread  
Sweet & Sour Chicken  
Served with vegetable fried rice.  
Minestrone Soup

## MONDAY 16

Discovery Day

## MONDAY 23

Coconut Chicken  
Served with mashed potato and steamed veg.  
Spaghetti Bolognese  
Served with garlic bread.  
Minestrone Soup

## TUESDAY 3

Cayman Style Beef  
Served with rice & beans and steamed veg.  
Chicken Tikka Masala  
Served with a white and brown rice blend and veg of the day.  
Reb Bean & Dumpling Soup

## TUESDAY 10

Chicken Quesadilla  
Served with low fat sour cream and corn salsa.  
Meatballs Marinara  
Served over pasta with garlic bread.  
Reb Bean & Dumpling Soup

## TUESDAY 17

Chicken Sliders  
Served with fries.  
Cayman Style Beef  
Served with rice & beans and steamed veg.  
Red Bean & Dumpling Soup

## TUESDAY 24

Meatballs Marinara  
Served over pasta with garlic bread.  
Fried Chicken  
Served with fries and veggie sticks.  
Reb Bean & Dumpling Soup

## WEDNESDAY 4

Gino's Cheese Pizza Slice  
1/8 of a 18" pie. Served with veggie sticks.  
Turkey Pepperoni Pizza Slice  
1/8 of a 18" pie. Served with veggie sticks.  
Spaghetti Marinara  
Served with garlic bread.  
Chicken Noodle Soup

## WEDNESDAY 11

Chicken & Broccoli Penne  
Alfredo  
Chicken Tenders  
Served with fries and veggie sticks.  
Chicken Noodle Soup

## WEDNESDAY 18

Gino's Cheese Pizza Slice  
1/8 of a 18" pie. Served with veggie sticks.  
Turkey Pepperoni Pizza Slice  
1/8 of a 18" pie. Served with veggie sticks.  
Spaghetti Marinara  
Served with garlic bread.  
Chicken Noodle Soup

## WEDNESDAY 25

BBQ Chicken  
Chicken Leg Quarters served with mac & cheese and corn.  
Cottage Pie  
Served with steamed veg.  
Chicken Noodle Soup

## THURSDAY 5

Baked Mac & Cheese  
Served with veg of the day.  
Grilled Chicken Breast  
Served with mashed potatoes and steamed veg.  
Chunky Vegetable Soup

## THURSDAY 12

Beef Stew  
Served with a white and brown rice blend and veg of the day.  
West Indian Chicken Curry  
Served with white rice and steamed veg.  
Chunky Vegetable Soup

## THURSDAY 19

Baked Mac & Cheese  
Served with veg of the day.  
Grilled Chicken Breast  
Served with mashed potatoes and steamed veg.  
Chunky Vegetable Soup

## THURSDAY 26

Turkey Chili Nachos  
Served with cheese sauce and corn salsa.  
Yakisoba Noodles  
Chunky Vegetable Soup

## FRIDAY 6

Chicken Tenders  
Served with fries and veggie sticks.  
Teriyaki Salmon  
Served with a white and brown rice blend and veg of the day.  
Pumpkin Soup

## FRIDAY 13

Turkey Hot Dog  
Served with fries and veggie sticks.  
Fish & Chips  
Served with tartar sauce.  
Pumpkin Soup

## FRIDAY 20

Beef Sliders  
Served with fries & veggie sticks  
Sweet Chili Chicken  
Served with Jasmine rice and steamed veg.  
Pumpkin Soup

## FRIDAY 27

Turkey Hot Dog  
Served with fries and veggie sticks.  
Mild Jerk Chicken  
Served with rice & Beans and steamed veg.  
Pumpkin Soup

## VEGAN MEALS

Available Daily through Pre-Order only.

Coconut Curry  
Vegan Nuggets  
Pasta Marinara  
Vegan Burrito  
Crispy Cauliflower Wrap

## BIRTHDAY CAKES

Check our website to pre-order your Birthday Cakes, Cupcakes and Cookies.  
[yumcayman.ky](http://yumcayman.ky)