

# yumm

Your school lunch

## ST. IGNATIUS CATHOLIC SCHOOL JUNE 2021 MENU

### WRAPS

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Mild Jerk Chicken	<b>\$3.50 or \$6.00</b>
Crispy Chicken	<b>\$3.50 or \$6.00</b>
Chicken Caesar	<b>\$3.50 or \$6.00</b>
Falafel	<b>\$3.50 or \$6.00</b>
Ham & Cheese	<b>\$3.50 or \$6.00</b>
Turkey & Cheese	<b>\$3.50 or \$6.00</b>

### SANDWICHES

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Tuna Sandwich	<b>\$4.00</b>
BLT Sandwich	<b>\$7.00</b>
Roast Beef Sub	<b>\$7.00</b>
Grilled Chicken Bap	<b>\$7.00</b>
Ham & Cheese Bap	<b>\$6.50</b>
Grilled Cheese Sandwich	<b>\$3.50</b>

### SNACKS & SIDES

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Potato Salad	<b>\$3.00</b>
Vegetable Crudite	<b>\$4.00</b>
Popcorn Falafel	<b>\$4.00</b>
Pasta Salad	<b>\$3.00</b>
Chips & Goldfish	<b>\$1.50</b>
Popcorn (Assorted Variety)	<b>\$2.50</b>

### SALADS

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Caesar Salad	<b>\$3.50 or \$7.00</b>
Garden Salad	<b>\$3.50 or \$7.00</b>
Chicken & Mango Salad	<b>\$4.00 or \$8.00</b>
Chopped Salad	<b>\$4.00 or \$8.00</b>

### ADD ON

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Grilled Chicken Breast	<b>\$3.00</b>
Honey Mustard Dressing	<b>\$1.00</b>

### FRUITS & DESSERTS

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Fresh Mixed Fruits	<b>\$3.50</b>
Grapes, Sliced Apple or Orange	<b>\$2.00</b>
Chocolate Chip or Oatmeal Cookie	<b>\$1.00</b>
Chocolate Brownie	<b>\$1.50</b>
Blueberry or Chocolate Muffin	<b>\$1.50</b>
Strawberry or Peach Yogurt	<b>\$2.50</b>

### DRINKS

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Just Water	<b>\$2.00</b>
Tropicana Orange Juice	<b>\$2.00</b>
Juicy juice (Assorted Variety)	<b>\$1.50</b>
La Croix (Assorted Variety)	<b>\$1.50</b>
Rauch Ice Tea	<b>\$2.50</b>

SCHOOL LUNCH JUST  
GOT SMARTER



# JUNE 2021 HOT LUNCH MENU

## TUESDAY 1

### BBQ Chicken

Served with a brown & white rice blend and steamed veg.

### Baked Mac & Cheese

Served with veggie sticks.

### Chicken Noodle Soup

## WEDNESDAY 2

### Rotisserie Chicken

Served with a brown & white rice blend and steamed veg.

### Spaghetti Bolognese

Served with garlic bread.

### Tomato Soup

## THURSDAY 3

### Coconut Crusted Chicken

Served with a mashed potatoes and steamed veg.

### Beef Lasagna

Served with garlic bread.

### Chicken Noodle Soup

## FRIDAY 4

### Fish Fingers

Served with potato wedges and veggie sticks.

### Crispy Chicken Sliders

Served with potato wedges and veggie sticks.

### Pumpkin Soup

## MONDAY 7

### Meatballs Marinara

Served with bowtie pasta and garlic bread.

### Grilled Chicken Breast

Served with a brown & white rice blend and steamed veg.

### Chunky Vegetable Soup

## TUESDAY 8

### Chicken Penne Alfredo

Served with veg of the day.

### Teriyaki Salmon

Served with a brown & white rice blend and veg of the day.

### Chicken Noodle Soup

## WEDNESDAY 9

### Mild Jerk Chicken

Served with a rice blend and veg of the day.

### Roast Beef

Served with a brown & white rice blend and veg of the day.

### Tomato Soup

## THURSDAY 10

### Gino's Cheese Pizza Slice

1/8 of a 18" pie. Served with veggie sticks.

### Turkey Pepperoni Pizza Slice

1/8 of a 18" pie. Served with veggie sticks.

### Spaghetti Marinara

### Chicken Noodle Soup

## FRIDAY 11

### Premium Turkey Dog

Served with fries and veggie sticks.

### Mahi Mahi Rundown

Served with a brown & white rice blend and cassava.

### Pumpkin Soup

## MONDAY 14

### Public Holiday

## TUESDAY 15

### Sweet & Sour Chicken

Served with fried rice.

### Pepper Steak

Served with a brown & white rice blend and steamed veg.

### Chicken Noodle Soup

## WEDNESDAY 16

### West Indian Chicken Curry

Served with a brown & white rice blend and steamed veg.

### Cottage Pie

Served with veggie sticks.

### Tomato Soup

## THURSDAY 17

### Yakisoba Noodles

Served with stir-fry veg.

### Beef Stew

Served with a brown & white rice blend and veg of the day.

### Chicken Noodle Soup

## FRIDAY 18

### Chicken Tenders

Served with fries and veggie sticks.

### Baked Fish

Served with a brown & white rice blend and veg of the day.

### Pumpkin Soup

## MONDAY 21

### Spaghetti Meatballs

Served with marinara sauce and garlic bread.

### Sweet Chili Chicken

Served with Jasmine rice and veg of the day.

### Chunky Vegetable Soup

## TUESDAY 22

### Spaghetti Bolognese

Served with garlic bread.

### Grilled Chicken Breast

Served with a brown & white rice blend and steamed veg.

### Chicken Noodle Soup

## WEDNESDAY 23

### Chicken & Penne Alfredo

Served with steamed broccoli

### Stir-fry Beef

Served with a brown & white rice blend and veg of the day.

### Tomato Soup

## THURSDAY 24

### Gino's Cheese Pizza Slice

1/8 of a 18" pie. Served with veggie sticks.

### Turkey Pepperoni Pizza Slice

1/8 of a 18" pie. Served with veggie sticks.

### Spaghetti Marinara

### Chicken Noodle Soup

## FRIDAY 25

### Fried Crispy Chicken

Served with fries and veggie sticks.

### Teriyaki Salmon

Served with a brown & white rice blend and veg of the day.

### Pumpkin Soup

## MONDAY 28

### Beef Stew

Served with a brown & white rice blend and veg of the day.

### Spaghetti Marinara

Served with garlic bread.

### Chunky Vegetable Soup

## TUESDAY 29

### Chicken Tenders

Served with fries and veggie sticks.

### Baked Mac & Cheese

Served with veggie sticks.

### Chicken Noodle Soup

## WEDNESDAY 30

### West Indian Chicken Curry

Served with a brown & white rice blend and steamed veg.

### Beef Sliders

Served fries and veggie sticks.

### Tomato Soup



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