



CAYMAN PREP PRIMARY SCHOOL
JUNE 2021 MENU



ONLINE ORDERING

- Go to yumcayman.ky
- If you previously had an account with us, you can sign in with the same credentials. Previous credits have already been transferred.
- Or, set up a new account by entering your email, password and contact phone number.
- On the top right menu bar you can set up a profile for each child.
- Once the profile has been set up you can place your orders on the days you'd like.

WRAPS

Mild Jerk Chicken	\$3.50 or \$6.00
Crispy Chicken	\$3.50 or \$6.00
Chicken Caesar	\$3.50 or \$6.00
Ham & Cheese	\$3.50 or \$6.00
Vegan Wrap of the Week*	\$6.00

SANDWICHES

Tuna Sandwich	\$4.00
BLT Sandwich	\$7.00
Grilled Chicken Bap	\$7.00
Grilled Cheese Sandwich	\$3.50

SALADS

Caesar Salad	\$3.50 or \$7.00
Chicken & Mango Salad	\$4.00 or \$8.00
Chopped Salad	\$4.00 or \$8.00

ADD ON

Grilled Chicken Breast	\$3.00
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DRINKS

Just Water	\$2.00
Tropicana Orange Juice	\$2.00
La Croix (Assorted Variety)	\$1.50

FRUITS & DESSERTS

Fresh Mixed Fruits	\$3.50
Grapes, Sliced Apple or Orange	\$2.00

SCHOOL LUNCH JUST
GOT SMARTER

JUNE 2021 HOT LUNCH MENU

TUESDAY 1

Chicken Tender & Fries

Served with veggie sticks.

Spaghetti Marinara

Served with garlic bread.

Plant Based Vegan Tenders*

Served with fries & veggie sticks.

Chicken Soup

WEDNESDAY 2

Crispy Chicken Sliders

Served with potato wedges and veggie sticks.

Pepper Steak

Served with a brown & white rice blend and steamed veg.

Vegan Pepper "Steak"*

Served with mushrooms, a brown & white rice blend and steamed veg.

Red Bean & Beef Soup

THURSDAY 3

Chicken Penne Alfredo

Served with veggie sticks.

Cottage Pie

Minced beef slow-cooked with thyme, covered with creamy, cheesy mashed potato.

Vegan Penne Alfredo*

With roasted broccoli.

Chicken Noodle Soup

FRIDAY 4

Beef Sliders & Fries

Served with veggie sticks.

Fish & Chips

Served with veggie sticks.

Vegan Bap Sliders*

With fries & veggie sticks.

Pumpkin Soup

MONDAY 7

Mild Jerk Chicken

Served with a brown & white rice blend and steamed veg.

Turkey Chili Nachos

Served with cheese and corn salsa.

Vegan Mild Jerk Cauliflower*

Served with a brown & white rice blend and steamed veg.

Chunky Vegetable Soup

TUESDAY 8

Beef Tacos

Served with low fat sour cream and corn salsa

Spaghetti Marinara

Served with garlic bread.

Vegan Black Bean & Sweet

Potato Tacos*

Served with vegan cheese and corn salsa.

Chicken Soup

WEDNESDAY 9

Gino's Cheese Pizza Slice

1/8 of a 18" pie with low-fat cheese. Served with veggie sticks.

Turkey Pepperoni Pizza Slice

1/8 of a 18" pie with low-fat cheese. Served with veggie sticks.

Spaghetti Marinara*

Served with garlic bread.

Red Bean & Beef Soup

THURSDAY 10

Fried Chicken Wings

Served with sweet potato fries.

Spaghetti Bolognese

A rich, slow-cooked bolognese sauce with minced beef served over spaghetti.

Vegan Lentil Bolognese*

With spaghetti pasta.

Chicken Noodle Soup

FRIDAY 11

Turkey Dog & Fries

Served with veggie sticks.

Fish Fingers & Fries

Served with veggie sticks.

Vegan Hot Dog Bap*

Served with fries and veggie sticks.

Pumpkin Soup

TUESDAY 15

West Indian Chicken Curry

Served with a brown & white rice blend and steamed veg.

Cayman Style Beef

Served with a brown & white rice blend and steamed veg.

Vegan Red Lentil Lasagna*

Served with garlic bread.

Chicken Soup

WEDNESDAY 16

BBQ Chicken

Served with a brown & white rice blend and steamed veg.

Meatloaf with Gravy

Served with a brown & white rice blend and steamed veg.

Hearty Lentil Stew*

Served with a brown & white rice blend and steamed veg.

Red Bean & Beef Soup

THURSDAY 17

Chicken Parmesan

Served with a brown & white rice blend and steamed veg.

Baked Mac & Cheese

Served with veggie sticks.

Vegan Baked Mac & Cheese*

Served with veggie sticks.

Chicken Noodle Soup

FRIDAY 18

Turkey Dog & Fries

Served with veggie sticks.

Fish Fingers & Fries

Served with veggie sticks.

Vegan Hot Dog Bap*

Served with fries and veggie sticks.

Pumpkin Soup

MONDAY 21

Mild Jerk Chicken

Served with a brown & white rice blend and steamed veg.

Turkey Chili Nachos

Served with cheese and corn salsa.

Vegan Mild Jerk Cauliflower*

Served with a brown & white rice blend and steamed veg.

Chunky Vegetable Soup

TUESDAY 22

Beef Tacos

Served with low fat sour cream and corn salsa

Spaghetti Marinara

Served with garlic bread.

Vegan Black Bean & Sweet

Potato Tacos*

Served with vegan cheese and corn salsa.

Chicken Soup

WEDNESDAY 23

Brown Stew Chicken

Served with a brown & white rice blend and steamed veg.

Meatloaf with Gravy

Served with a brown & white rice blend and steamed veg.

Hearty Lentil Stew*

Served with a brown & white rice blend and steamed veg.

Red Bean & Beef Soup

THURSDAY 24

Chicken Parmesan

Served with a brown & white rice blend and steamed veg.

Italian Pulled Beef Ragu

Served with a brown & white rice blend and steamed veg.

Breaded Tofu Marinara Bites

Served with a brown & white rice blend and steamed veg.

Chicken Noodle Soup

FRIDAY 25

Swedish Meatballs

Served with mashed potatoes and steamed carrots.

Teriyaki Salmon

Served with a brown & white rice blend and steamed veg.

Baked General Tso Cauliflower

Served with a brown & white rice blend and steamed veg.

Pumpkin Soup

MONDAY 28

Roast Beef

Served with mashed potatoes & steamed veg.

Baked Turkey

Served with gravy, mashed potatoes & steamed veg.

Vegan Chickpea Meatloaf

Served with mashed potatoes & steamed veg

Chunky Vegetable Soup

TUESDAY 29

Chicken Tikka Masala

Served with a brown & white rice blend and steamed veg.

Baked Mac & Cheese

Served with veggie sticks.

Vegan Baked Mac & Cheese*

Served with veggie sticks.

Chicken Soup



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