



**CAYMAN PREP PRIMARY SCHOOL
DECEMBER 2021 MENU**

ONLINE ORDERING & WALLET TOP-UP

- Go to yumcayman.ky
- If you previously had an account with us, you can sign in with the same credentials. Previous credits have already been transferred.
- Or, set up a new account by entering your email, password and contact phone number.
- On the top right menu bar you can set up a profile for each child.
- Once the profile has been set up you can place your orders on the days you'd like.
- Please note that all online orders need to be placed by 10pm the previous day.

WRAPS

Mild Jerk Chicken	\$3.50 or \$6.00
Crispy Chicken	\$3.50 or \$6.00
Chicken Caesar	\$3.50 or \$6.00
Ham & Cheese	\$3.50 or \$6.00
Vegan Wrap of the Week*	\$6.50

SANDWICHES

BLT Sandwich	\$7.00
Grilled Chicken Bap	\$7.00
Grilled Cheese Sandwich	\$3.50

SNACKS & SIDES

Chips & Goldfish	\$1.50
Popcorn (Assorted Variety)	\$2.50

DRINKS

Just Water	\$2.00
Open Water	\$2.00
Tropicana Orange Juice	\$2.00
Juicy juice (Assorted Variety)	\$1.50
La Croix (Assorted Variety)	\$1.50

SALADS

Caesar Salad	\$3.50 or \$7.00
Chicken & Mango Salad	\$4.00 or \$8.00
Chopped Salad	\$4.00 or \$8.00

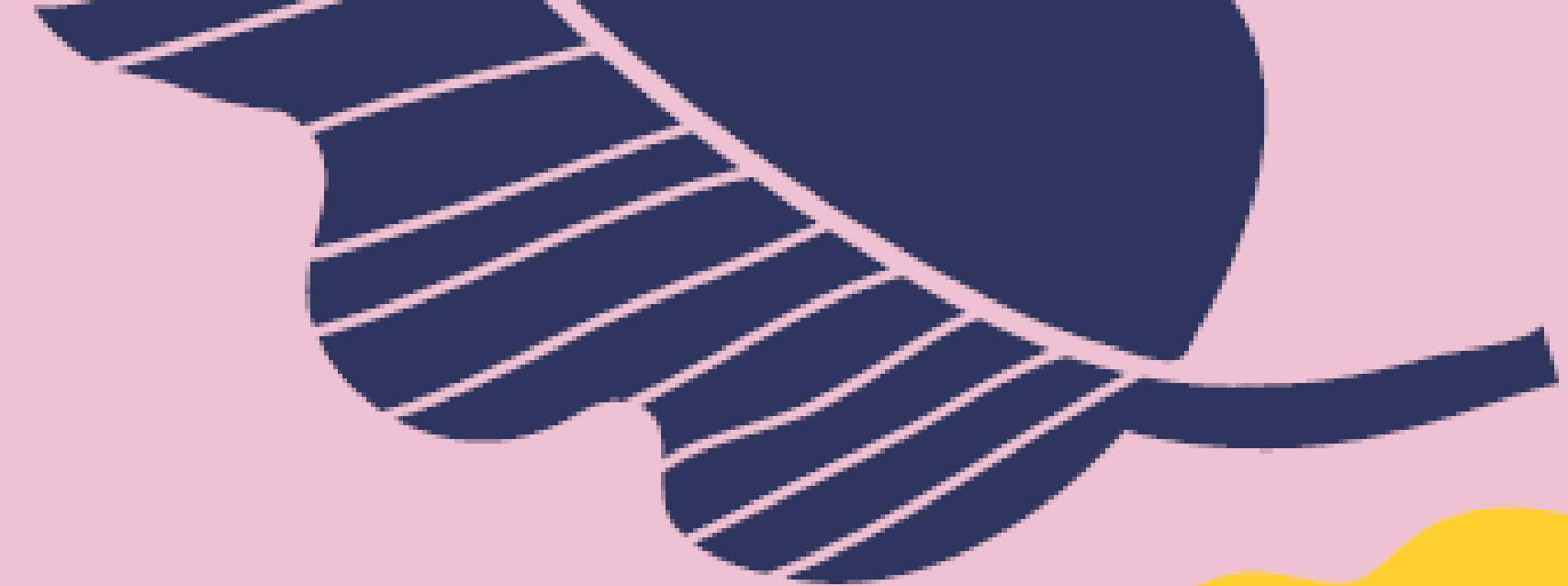
ADD ON

Grilled Chicken Breast	\$3.00
Honey Mustard Dressing	\$1.00

FRUITS & DESSERTS

Fresh Mixed Fruits	\$3.50
Grapes, Sliced Apple or Orange	\$2.00
Chocolate Chip or Oatmeal Cookie	\$1.00
Chocolate Brownie	\$1.50
Blueberry or Chocolate Muffin	\$1.50
Strawberry or Peach Yogurt	\$2.50

**SCHOOL LUNCH JUST
GOT SMARTER**





DECEMBER 2021 HOT LUNCH MENU

MONDAY 29

Sweet & Sour Chicken
Served with Asian fried rice blend and steamed veg.
Teriyaki Salmon
Served with Asian fried rice blend and steamed veg.
Sweet & Sour Tofu*
Served with Asian fried rice blend and steamed veg.
Taco Soup

MONDAY 6

Mild Jerk Chicken
Served with a brown & white rice blend and steamed veg.
Cayman Style Snapper
Served with a brown & white rice blend and steamed veg.
Quinoa Potato Puffs*
Served with a mild sriracha dip.
Taco Soup

MONDAY 13

Brown Stew Chicken
Served with a brown & white rice blend and steamed veg.
Cayman Style Beef
Served with a brown & white rice blend and steamed veg.
Vegan Lentil Stew*
Served with a brown & white rice blend and steamed veg.
Taco Soup

TUESDAY 30

Mild Jerk Chicken
Served with a brown & white rice blend and steamed veg.
Turkey Chili Nachos
Served with cheese and corn salsa.
Vegan Mild Jerk Cauliflower Bites*
Served with a brown & white rice blend and steamed veg.
Red bean & Dumpling Soup

TUESDAY 7

Chicken Tikka Masala
Served with rice and steamed veg
Baked Mac & Cheese
Served with veggie sticks
Seared Chickpea Cakes*
Served with roasted red pepper sauce
Red Bean & Dumpling Soup

TUESDAY 14

Beef Lasagna
Served with garlic bread
Chicken Penne Alfredo
Served with steamed veg
Vegan Red Lentil Lasagna*
Served with garlic bread.
Red Bean & Dumpling Soup

WEDNESDAY 1

Gino's Cheese Pizza Slice
1/8 of a 18" pie with low-fat cheese. Served with veggie sticks.
Turkey Pepperoni Pizza Slice
1/8 of a 18" pie with low-fat cheese. Served with veggie sticks.
Spaghetti Marinara*
Served with garlic bread.
Chicken Noodle Soup

WEDNESDAY 8

BBQ Chicken
Served with rice and steamed veg.
Beef Vindaloo
Served with rice and steamed veg.
Vegetable Vindaloo*
Served with rice and steamed veg.
Chicken Noodle Soup

WEDNESDAY 15

Roast Turkey & Gravy
Served with Mashed Potatoes, Roasted Vegetables and Cranberry Sauce
Cayman Style Beef
Served with Mashed Potatoes and Roasted Vegetables
Gino's Cheese Pizza Slice
1/8 of a 18" pie with low-fat cheese. Served with veggie sticks.
Turkey Pepperoni Pizza Slice
1/8 of a 18" pie with low-fat cheese. Served with veggie sticks.
Butternut Squash Soup

THURSDAY 2

Spaghetti Bolognese
Served with garlic bread.
Rotisserie Chicken
Served with mashed potatoes and steamed veg
Vegan Penne Alfredo*
Served with vegan cheese and Tempeh bacon.
Red Bean & Dumpling Soup

THURSDAY 9

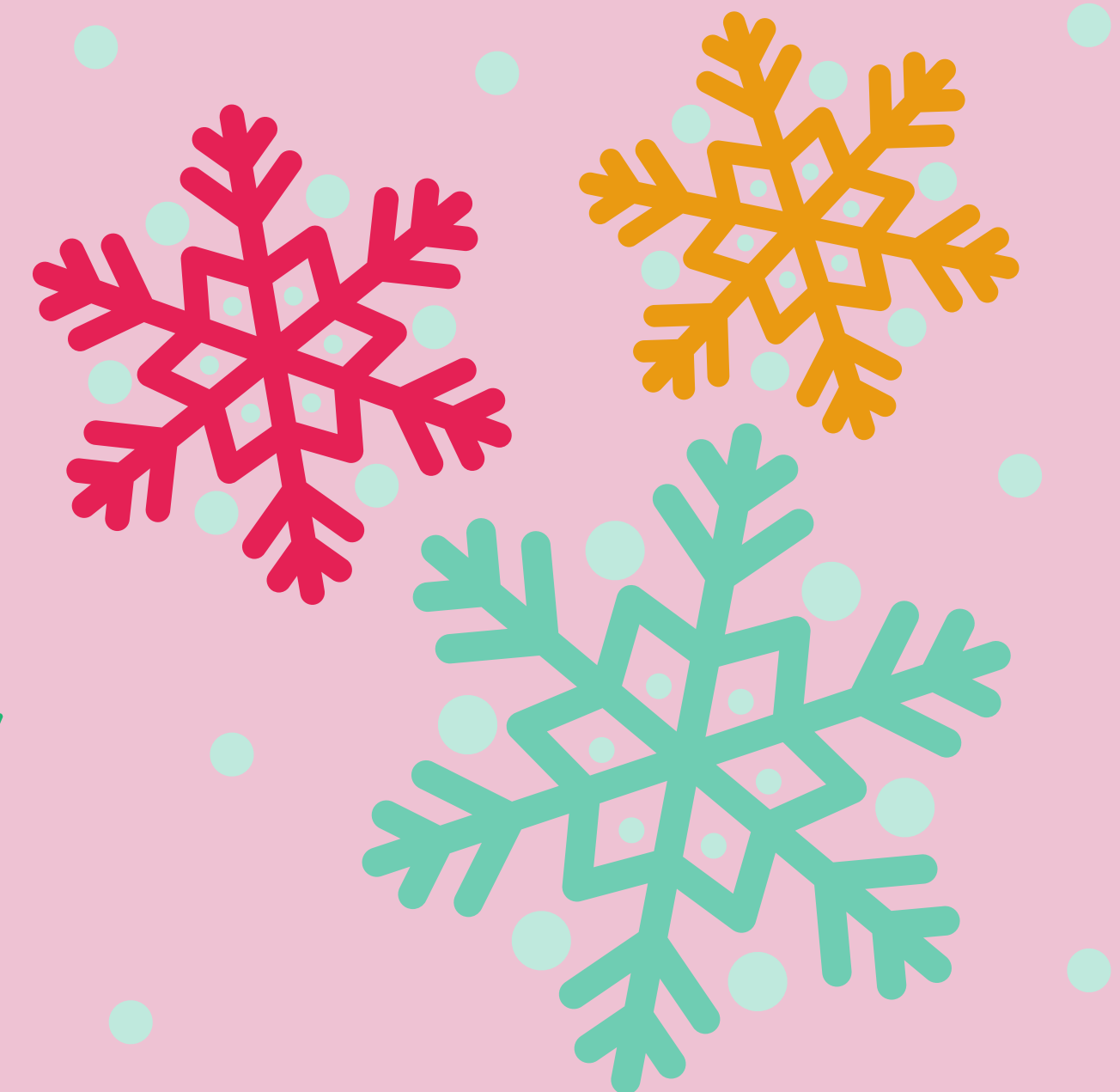
Chicken Parmesan
Served with mashed potatoes and steamed veg
Roast Beef
Served with mashed potatoes and steamed veg
Vegan Baked Mac & Cheese*
Chunky Vegetable Soup

FRIDAY 3

Beef Sliders & Fries
Served with veggie sticks.
Fish & Chips
Served with veggie sticks.
Vegan Plant Based Sliders*
Served with fries and veggie sticks.
Pumpkin Soup

FRIDAY 10

Turkey Dog & Fries
Served with veggie sticks.
Mahi Mahi Rundown
Served with a brown & white rice blend and steamed veg.
Vegan Plant Based Nuggets*
Served with fries and veggie sticks.
Pumpkin Soup



Happy Holidays!