

CAYMAN INTERNATIONAL SCHOOL JANUARY 2022 MENU

- For **Early Childhood and Elementary Students**, parents can pre-order their lunches online and lunch will be served during the child's lunch break. Early Childhood lunches will be delivered to the child's classroom and teachers will monitor them. Elementary students will eat inside the ARC. To pre-order simply choose the items from our extensive menu no later than 10 pm the previous day. You can pre-order for the day, week or the entire month if you wish to.
- **Middle and High School Students** are able to have lunch at the new CIS High School cafeteria. There is no need to pre-order lunch and students can browse our cafeteria and pay with their own virtual wallet. Parents will be notified by email instantly with each purchase.

ONLINE ORDERING & WALLET TOP-UP

- Go to yumcayman.ky
- If you previously had an account with us, you can sign in with the same credentials. Previous credits have already been transferred.
- Or, set up a new account by entering your email, password and contact phone number.
- On the top right menu bar you can set up a profile for each child.
- Once the profile has been set up you can place your orders on the days you'd like.

WRAPS

Mild Jerk Chicken	\$3.50 or \$6.00
Crispy Chicken	\$3.50 or \$6.00
Chicken Caesar	\$3.50 or \$6.00
Ham & Cheese	\$3.50 or \$6.00

SANDWICHES

BLT Sandwich	\$7.00
Grilled Chicken Bap	\$7.00
Grilled Cheese Sandwich	\$3.50

SNACKS & SIDES

Chips & Goldfish	\$1.50
Popcorn (Assorted Variety)	\$1.50

DRINKS

Just Water	\$2.00
Open Water Still/Sparkling	\$2.00
Tropicana Orange Juice	\$2.00
Juicy juice (Assorted Variety)	\$1.50
La Croix (Assorted Variety)	\$1.50
Rauch Ice Tea	\$2.50

yum
Your school lunch

SALADS

Caesar Salad	\$3.50 or \$7.00
Chicken & Mango Salad	\$4.00 or \$8.00
Chopped Salad	\$4.00 or \$8.00

ADD ON

Grilled Chicken Breast	\$3.00
Honey Mustard Dressing	\$1.00

FRUITS & DESSERTS

Fresh Mixed Fruits	\$3.50
Grapes, Sliced Apple or Orange	\$2.00
Chocolate Chip or Oatmeal Cookie	\$1.00
Chocolate Brownie	\$1.75
Blueberry or Chocolate Muffin	\$1.75
Strawberry or Peach Yogurt	\$2.50

**SCHOOL LUNCH JUST
GOT SMARTER**

JANUARY 2022 HOT LUNCH MENU



MONDAY 17

Beef Lasagna
Served with garlic bread
Mild Jerk Chicken
Served with rice & Beans and steamed veg.
Taco Soup

MONDAY 24

Public Holiday

TUESDAY 18

Chicken Sliders
Served with fries.
Cayman Style Beef
Served with rice & beans and steamed veg.
Red Bean & Dumpling Soup

TUESDAY 25

Meatballs Marinara
Served over pasta with garlic bread.
Fried Chicken
Served with fries and veggie sticks.
Red Bean & Dumpling Soup

WEDNESDAY 12

Chicken & Broccoli Penne
Alfredo
Beef Burritos
Served with salsa.
Chicken Noodle Soup

WEDNESDAY 19

Gino's Cheese Pizza Slice
1/8 of a 18" pie. Served with veggie sticks.
Turkey Pepperoni Pizza Slice
1/8 of a 18" pie. Served with veggie sticks.
Spaghetti Marinara
Served with garlic bread.
Chicken Noodle Soup

WEDNESDAY 26

BBQ Chicken
Chicken Leg Quarters served with mac & cheese and corn.
Cottage Pie
Served with steamed veg.
Chicken Noodle Soup

THURSDAY 13

Beef Stew
Served with a white and brown rice blend and veg of the day.
West Indian Chicken Curry
Served with white rice and steamed veg.
Chunky Vegetable Soup

THURSDAY 20

Baked Mac & Cheese
Served with veg of the day.
Grilled Chicken Breast
Served with mashed potatoes and steamed veg.
Chunky Vegetable Soup

THURSDAY 27

Turkey Chili Nachos
Served with cheese sauce and corn salsa.
Roast Beef
Served with mashed potatoes and steamed veg
Chunky Vegetable Soup

FRIDAY 14

Turkey Hot Dog
Served with fries and veggie sticks.
Fish & Chips
Served with tartar sauce.
Pumpkin Soup

FRIDAY 21

Beef Sliders
Served with fries & veggie sticks
Sweet Chili Chicken
Served with Jasmine rice and steamed veg.
Pumpkin Soup

FRIDAY 28

Turkey Hot Dog
Served with fries and veggie sticks.
Mild Jerk Chicken
Served with rice & Beans and steamed veg.
Pumpkin Soup

VEGAN MEALS

Available Daily through Pre-Order only.

Vegan Curry
Vegan Red Lentil Lasagna
Vegan Burrito

BIRTHDAY CAKES

Check our website to pre-order your Birthday Cakes, Cupcakes and Cookies.
yumcayman.ky