

ISLAND MONTESSORI DECEMBER 2022 MENU

ONLINE ORDERING & WALLET TOP-UP

- Go to yumcayman.ky
- Set up a new account by entering your email, password and contact phone number.
- On the top right menu bar you can set up a profile for each child.
- Once the profile has been set up you can place your orders on the days you'd like.
- Please ensure orders are placed before 10pm the evening before.

WRAPS

Crispy Chicken	\$3.50 or \$6.00
Chicken Caesar	\$3.50 or \$6.00
Ham & Cheese	\$3.50 or \$6.00

SANDWICHES

BLT Sandwich	\$7.00
Grilled Chicken Bap	\$7.00
Grilled Cheese Sandwich	\$3.50
Tuna Sandwich	\$4.00

SALADS

Grilled Chicken Rainbow Bowl	\$8.00
Vegetarian Rainbow Bowl	\$8.00
Grilled Salmon Rainbow Bowl	\$8.00
Caesar Salad	\$4.00 or \$8.00
Chopped Salad	\$4.00 or \$8.00

DRINKS

Just Water	\$2.00
Open Water Still/Sparkling	\$2.00
Tropicana Orange Juice	\$1.50
Juice Box (Assorted Variety)	\$1.50
La Croix (Assorted Variety)	\$1.50
Envy (Assorted Variety)	\$2.00

yum
Your school lunch

SNACKS & SIDES

Chips (Assorted Variety)	\$1.50
Goldfish	\$1.50
Popcorn (Assorted Variety)	\$1.50

ADD ON

Grilled Chicken Breast	\$3.00
Honey Mustard Dressing	\$1.00

FRUITS & DESSERTS

Fresh Mixed Fruits	\$3.50
Grapes, Sliced Apple or Orange	\$2.00
Chocolate Chip or Oatmeal Cookie	\$1.00
Chocolate Brownie	\$1.75
Blueberry or Chocolate Muffin	\$1.75
Strawberry or Peach Yogurt	\$2.50

THE SMART WAY TO
SCHOOL LUNCH

If you have any questions or concerns,
please contact us at admin@catering.ky

DECEMBER 2022 HOT LUNCH MENU



MONDAY 28

Spaghetti Bolognese
Served with garlic bread.
Sweet & Sour Chicken
Served with vegetable fried rice.
Chunky Vegetable Soup

TUESDAY 29

Chicken Quesadilla
Served with low fat sour cream and corn salsa.
Meatballs Marinara
Served over pasta with garlic bread.
Chicken Noodle Soup

WEDNESDAY 30

Chicken & Broccoli Penne
Alfredo
Chicken Tenders
Served with fries and veggie sticks.
Tomato Soup

THURSDAY 1

Gino's Cheese Pizza Slice
Served with veggie sticks.
Turkey Pepperoni Pizza Slice
Spaghetti Marinara
Served with garlic bread.
Chicken Soup

FRIDAY 2

Mild Jerk Chicken
Served with rice & beans, veg and Plantain
Turkey Hot Dog
Served with fries and veggie sticks.
Fish & Chips
Served with tartar sauce.
Pumpkin Soup

MONDAY 5

Beef Lasagna
Served with garlic bread
Mild Jerk Chicken
Served with white rice and steamed veg.
Chunky Vegetable Soup

TUESDAY 6

Chicken Sliders
Served with fries.
Cayman Style Beef
Served with rice & beans and steamed veg.
Chicken Noodle Soup

WEDNESDAY 7

Roast Beef
Served with mashed potatoes and steamed veg
Baked Mac & Cheese
Served with veg of the day.
Tomato Soup

THURSDAY 8

Beef Stew
Served with a white and brown rice blend and veg of the day.
West Indian Chicken Curry
Served with white rice and steamed veg.
Chicken Soup

FRIDAY 9

Beef Sliders
Served with fries and veggie sticks.
Sweet Chili Chicken
served with Jasmine rice and steamed veg.
Pumpkin Soup

MONDAY 12

Coconut Crusted Chicken
Served with mashed potato and steamed veg
Spaghetti Bolognese
Served with garlic bread
Chunky Vegetable Soup

TUESDAY 13

Meatballs Marinara
Served over pasta with garlic bread.
Fried Chicken
Served with fries and veggie sticks.
Chicken Noodle Soup

WEDNESDAY 14

BBQ Chicken
Chicken served with mac & cheese and corn.
Cottage Pie
Served with steamed veg.
Tomato Soup

THURSDAY 15

Gino's Cheese Pizza Slice
Served with veggie sticks.
Turkey Pepperoni Pizza Slice
Spaghetti Marinara
Served with garlic bread.
Chicken Soup

VEGAN MEALS

Available Daily through Pre-Order only.

Coconut Curry
Vegan Nuggets
Pasta Marinara

Merry
Christmas