

# How to Order

There is no need to pre-order lunch.
Students can browse our cafeteria and pay with their own virtual wallet.
Parents will be notified by email instantly with each purchase.

If you choose to preorder student meals, please have the student check with the Cafeteria Staff to collect their meals.

Please note all vegan and Early Years meals are only available through preorder.

To pre-order your lunch from Yum, simply open the App Store on your iPhone or Android and download the YUM CAYMAN app.

If you don't already have an account, create one after downloading the app.

Orders are available for next day delivery, and must be placed by 12 midnight.

If you have any questions or concerns, please reach out to us at admin@catering.ky

## ST. IGNATIUS MENU OCTOBER 2024

#### **WRAPS**

 Crispy Chicken
 \$3.50 or \$6.00

 Grilled Chicken Ranch
 \$3.50 or \$6.00

 Turkey & Cheese
 \$3.50 or \$6.00

#### **SANDWICHES**

BLT Sandwich Chicken Salad Roll	\$5.00 \$5.00
Grilled Cheese Sandwich	\$4.00
Tuna Sandwich	\$4.00
Combo Meals (Assorted Variety)	\$5.50

#### **SALADS**

Grilled Chicken Rainbow Bowl	\$8.00
Vegetarian Rainbow Bowl	\$8.00
Grilled Salmon Rainbow Bowl	\$8.00
Caesar Salad	\$5.00
Cobb Salad	\$6.00
Fiesta Salad	\$6.00

#### **SNACKS & SIDES**

Chips (Assorted Variety)	\$1.75
Goldfish	\$1.50
Popcorners (Assorted Variety)	\$1.50
Hummus with Pita	\$4.50

#### SUSHI

California Roll \$7.00
Tuna Avocado Roll \$7.50

#### SOUP

Chicken Noodle Soup \$4.00
Served with a Whole Wheat Roll

#### **FRUITS & BAKERY**

Fresh Mixed Fruits or Grapes	\$4.00
Watermelon Cubes	\$4.50
Sliced Apple or Orange	\$2.00
Chocolate Chip or Oatmeal Cookie	\$1.25
Chocolate Brownie	\$1.75
Blueberry or Chocolate Muffin	\$1.75
Cinnamon Rolls	\$2.50
Cinnamon Rolls	\$2.50

### **DRINKS**

Open Water Still/Sparkling	\$2.00
Tropicana Orange Juice	\$2.00
Juice Box (Assorted Variety)	\$1.50
La Croix (Assorted Variety)	\$1.50
Envy (Assorted Variety)	\$2.00
Ice Tea (Assorted Variety)	\$2.50



## OCTOBER HOT LUNCH MENU





## EARLY YEARS MEALS

All hot meals listed are available daily in smaller portion sizes for <u>Kindergarten, Year 1 & 2</u> through pre-order only. (Serving Sizes: 1.5 oz Meat/Meat Alternative + 2 oz of staples + 1.5 oz of vegetable + 1.5 oz)

Other items available are: **Buttery Pasta with Cheese Buttery Pasta No Cheese** Mac & Cheese Cheese Quesadilla

## VEGAN MEALS

Available daily trough preorder only:

**Vegan Nuggets** 

Served with starch and veg of the day

Pasta Marinara Served with garlic bread



#### **MONDAY 30**

Beef Lasagna Served with garlic bread

BBO Chicken Served with rice & beans and grilled corn

Spaghetti Meatballs Served with garlic bread

Curry Chicken Served with steamed rice and plantains

#### Served with Jasmin rice

**TUESDAY 1** 

Turkey Chili Nachos

Served with salsa and sour cream

Chicken Tikka Masala

Chicken Tenders

**TUESDAY 8** 

Served with mashed potatoes and glazed carrots

Roast Beef & Gravy green beans

## **TUESDAY 15**

Chicken & Noodles Stir-fry

Meatball Sub Served with provolone cheese and tomato sauce

#### **TUESDAY 22**

Mid Term Break

#### **WEDNESDAY 2**

Sweet & Sour Chicken Served with vegetable fried rice

Spaghetti Bolognese Served with garlic bread

## **THURSDAY 3**

Chicken & Corn Quesadilla Served with salsa and sour cream

Pepper Steak Served with steamed rice and sautéed cabbage

#### FRIDAY 4

Hot Dogs Served with baked potato wedges

Fish & Chips Served with fries and garden peas

#### **MONDAY 7**

Served with mashed potatoes and

#### **WEDNESDAY 9**

Gino's Cheese Pizza Slice Turkey Pepperoni Pizza Slice

Spaghetti Marinara Served with garlic bread

### **THURSDAY 10**

**Beef Sliders** Served with baked potato wedges

Chicken & Broccoli Penne Alfredo

#### FRIDAY 11

Baked Fish Fingers Served with sweet potato and green beans

BBQ Chicken Wings Served with mac & cheese and broccoli

#### **MONDAY 14**

Crusted Chicken Served with mac & cheese and broccoli

Beef Lasagna Served with garlic bread

#### **WEDNESDAY 16**

Honey Garlic Chicken Served with steamed rice and sautéed cabbage

**WEDNESDAY 23** 

Spaghetti Bolognese Served with garlic bread

#### **THURSDAY 17**

Chicken Fried Rice

Roasted Turkey Breast Served with sweet potato mash, stuffing and roasted Brussel sprouts

#### FRIDAY 18

Professional Development Day

## **THURSDAY 24**

Mid Term Break

#### FRIDAY 25

Mid Term Break

## **MONDAY 21**

Mid Term Break

Mid Term Break

## **MONDAY 28**

Jerk Chicken Served with rice & peas and broccoli

Spaghetti Meatballs With garlic bread

#### **TUESDAY 29**

Chicken Tenders Served with mashed potatoes and glazed

Cayman Style Beef Served with rice & beans and Cassava

#### **WEDNESDAY 30**

Gino's Cheese Pizza Slice Turkey Pepperoni Pizza Slice

Spaghetti Marinara Served with garlic bread.

#### **THURSDAY 31**

Cottage Pie

Ssavoury beef mince smothered in gravy topped with creamy mashed potatoes Chicken & Broccoli Penne Alfredo

#### FRIDAY 1

Teriyaki Glazed Salmon Served with steamed rice and glazed carrots

Oven Baked Chicken

Served with rice & beans and chocho & Plantain